



Summer Learning: Chef Challenge

Create a mixed-media collage of a dream meal or menu.

Play with your food and make something in the kitchen with a parent or guardian's assistance!



You'll need:

- Paper (can be whatever you have on hand)
- Paint, markers, watercolor paint, crayons, pencils, etc.
- Glue stick
- Scissors
- Magazines or a grocery store ad
- Recipes

What to do:

Plate & Menu Challenge: Create your own fantasy plate of food or dream menu!

1. Imagine different foods that you would like to eat for a dream meal, or a multi-course menu.

- *Think about the different ways they would go together:*
- *Do these foods taste good together?*
- *Do your food elements make up a well-balanced meal?*
- *Why are you putting these items together? Is it for a theme or an event?*

2. Look through magazines and ads to find foods that will be part of your dream meal or menu.

3. Cut them out, arrange, and glue them on your plate or multi-course menu. You can draw your own plate, and design it yourself, or you can use the template we've included here, you just need to print it out.

4. Don't limit yourself to just cutting out pictures of food. You can also draw these from scratch, sculpt with Play-Doh or clay, or even use real food from your kitchen! Use whatever you have on-hand. Get creative! Share your dream meal with your family and friends. Explain why you chose the foods that you did in your meal. Perhaps it will inspire you!



Cuyahoga County Public Library Summer Learning

Food Challenge:

Create some food of your own. Be safe and be sure to grab a parent or guardian and head in the kitchen to play with your food! You can flex many of those STEAM skills as you measure, mix, and taste your way through your recipes and directions.

1. With the assistance of a parent or guardian, head into the kitchen and make something to eat.
2. Your food challenge doesn't have to be anything fancy and can be simple as or as complicated as you want. Here are a few ideas to get you started:
 - Try a few basic cooking skills like: scrambled eggs, spaghetti and meatballs, grilled cheese, mac and cheese, homemade noodles.
 - Cook a family recipe together that you all enjoy.
 - Everyone loves baking!
 - Create a smoothie or dessert with experimental flavor combinations.

Don't forget to take a photo of your culinary creations and share it on social media to with **#CCPLSummerSTEAM** to get credit for our Summer Reading Game!

